

# ACTIVE TRAVEL ALL YEAR ROUND

## Sharing our school's tikanga/practices



### BIG IDEA

Active travel is a practice we encourage all year round. Every person can make a difference by taking action either individually or implementing a change for many.

### ACTIVITY OUTCOME

Active travel tikanga is presented to the school and embedded into the culture of the school.

### PREREQUISITE

As a school we are encouraging active travel for all people in the school community.

You may be doing this through:

- Participating in Movin'March activities.  
> [www.movinmarch.com](http://www.movinmarch.com)
- Implementing actions to encourage Active Travel eg. walking school bus or park and stride/travel pou.  
> [www.movinmarch.com/toolkit](http://www.movinmarch.com/toolkit)
- Implementing actions to refresh or reinspire Active Travel eg. hot chocolate at travel pou, Movin'March passports.

### BACKGROUND INFORMATION

- **Active travel** is an approach to travel and transport that focuses on physical activity (eg. walking and cycling) as opposed to motorised means.
- **Tikanga** - The word tikanga is derived from the Māori word tika meaning 'right' or 'correct'. Tikanga has a wide range of meanings — culture, custom, ethic, etiquette, fashion, formality, lore, manner, meaning, mechanism, method, protocol, style.

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### ACTIVITY - ACTION

1. Discuss and compose a school statement about tikanga / practices that assist our school to encourage Active Travel as an integral part of the culture of the school. For example >
  - We encourage students to active travel to school.
  - We have travel pou where we can meet and walk.
  - We have places for parking bikes, scooters and skateboards.
  - We have a walking school bus weekly on Wednesdays.
2. List some reasons why active travel is important e.g. student independence, low carbon emissions, climate action, safety around school gates, developing community resilience, fun, exercise etc.
3. Share with the whole school for feedback.
4. Create a permanent display of your Active Travel tikanga eg. on a wall, noticeboard, as posters, in the school newsletter, in the beginning of the school booklet, on your school website. Decorate with pictures drawn by students showing themselves active travelling.
5. Communicate with the community in a local newspaper about your tikanga and what you are trying to achieve.

### USEFUL LINKS

Active Travel Action resource > [www.gw.govt.nz/ata](http://www.gw.govt.nz/ata) | Movin'March > [www.movinmarch.com](http://www.movinmarch.com)

Active Travel School Toolkit > [www.movinmarch.com/toolkit](http://www.movinmarch.com/toolkit)

Enviroschools > [www.enviroschools.org.nz](http://www.enviroschools.org.nz) | Pedal Ready > [www.pedalready.org.nz](http://www.pedalready.org.nz)

Bikes in Schools > [www.bikeon.org.nz/bikes-in-schools](http://www.bikeon.org.nz/bikes-in-schools)

